

Father,

Help me to remember that you are with me always,
nearer to me than my own heartbeat, my own breath.

In trust, I acknowledge my desire to experience your
faithful, loving kindness in my time of vulnerability.

May the listening of all who care for me remind
me of your constant listening presence.

May the care and love of my team remind
me of your care and love.

May the longing in my heart for healing
be lifted as the purest of prayers.

In your Spirit, help me to sense your
tender comfort and care at every stage
of my journey ahead. May you go before
me, Lord, and be my anchor and my
sure hope of healing.

I pray this in Your Holy Name.

Amen.

